



Region IV Behavioral Health Board Meeting

September 13, 2018

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00 AM – 1:00 PM

Presiding Officer: Kim Keys, Co-Chair

Board Attendees: Chris Christopher Member-at-Large; Ryan Jensen; Amy Korb, Vice Chair; Monica Forbes; Laura Kiehl; Autumn Brechwald; Brandi Hissong

Board Attendees by Phone: Russell Salyards; Sanda Kuzeta-Cerimagic; Wayne Sharp; Kyle Davis; Jake Wilson

Designee: Larry Maneely

Members of the Public: Marv Quinton; Michele Dooley; Chuck Christiansen; Alex London; Vanessa Johnson; Kyle Young; Bernie Wolinski; Alexis Pickering; Julie Nease

Members of the Public by Phone: Ruth York; Crystal Campbell

Agenda Item	Presenter	Notes
Welcome and Call to Order; Introductions and Review of Mission and Vision; Consent Agenda;	Kim Keys, Co-Chair	Meeting called to order at 11:03 A.M. Introductions were made. Kim reviewed the Board's Mission and Vision statements. Quorum was met. Amy moved and Chris seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> September 6, 2018 Executive Committee Minutes August 9, 2018 Minutes September 13, 2018 Agenda
DBH Update	Crystal Campbell, DBH	Crystal reviewed the DBH Central Office Monthly update.
Ada County Opioid Plan	Ryan Jensen, Ada County Sheriff Office	The Treasure Valley Opioid Crisis Response core group met in June to address how to prevent and reduce opioid misuse, addiction, and deaths. Six goals were created and groups were formed with assigned goals to take on. Lieutenant Jensen is active with the group addressing Goal 3 – Law Enforcement Assisted Diversion. A pilot program in Boise is being developed in collaboration with Boise Police Department, treatment providers, and medicated-assisted treatment (MAT) providers. The program will identify initially ten opioid offenders to work through a rehabilitation process. After one year of successful rehabilitation, the offender's charges will be dropped. If the offender falls out of compliance with the program, their original charges will be pursued. Sheriff Bartlett is in support of the program. Officer Terry Weir of Boise Police Department will lead the

		<p>program, following offenders through and account for their compliance. A \$100,000 grant is being pursued to support the program.</p> <p>Ryan shared his personal perspective as a narcotics officer of how opioid misuse has become a crisis. In recent years, efforts have focused on improving prescription practices, resulting in the reduction of pain medication prescriptions. “Closet addicts” are no longer receiving excessive prescriptions from their providers and are turning to street drugs, including heroin, to fulfill their addictions. The manufacturing of street drugs and heroin increased due to the demand, resulting in reducing the cost to obtain them and increasing availability. Overdosing is often a result of inconsistent manufacturing of street drugs. In addition, addicts attempt to overcome addiction and after being clean for a period of time, when they use again, they use the same quantity that their bodies had become accustomed to prior to being clean and their tolerance has reduced, resulting in overdose.</p> <p>Law enforcement is now holding dealers accountable for overdoses resulting in deaths.</p>
State Planning Council Meeting – Oct. 17-18	Kim Keys, Co-Chair	The State Planning Council has asked Regional Boards to have a member representative sit on the Council. The Council meets three times a year with one of those meetings being held by teleconference. The intent is to strengthen the partnership and communications between the Council and the Regional Boards and to make recommendations to each other. Brandi expressed interest in representing Region 4.
Meet & Greet Update	Kim Keys, Co-Chair	Planning has begun for the R4BHB Second Annual Legislative Meet & Greet. The legislative calendar is being reviewed to choose a date that will not conflict with other engagements. The committee would like to offer a dinner at the event this year, as it is more appealing for legislators. Sponsorship dollars will need to be increased this year. A fundraising letter has been drafted. Jannus, United Way, and the Ada County Sheriff’s Office has expressed interest in sponsoring this year’s event. Board members will be emailed a link to the invitation list and are asked to add stakeholders, with their contact information, that they would like to have invited. Chuck Christianson from Region 3 will discuss with his Board a possible collaboration on the event. The location of the Linen Building that was used last year was not convenient for legislators to attend. Venues within walking distance of the Capitol will be considered. A sponsorship application will be submitted to St. Luke’s and, if awarded, it will cover the expense of providing a dinner. Guest speakers are needed, please send speaker ideas to Kim or Alexis.
ALICE Data Follow-up	Alexis Pickering, CDHD	Alexis followed-up on her previous presentation on the United Way Asset Limited, Income Constrained, Employed (ALICE) Report with the priorities moving forward to address the identified issues. Integrating technology training in basic education is needed as occupations requiring high levels of technology skills have more than doubled since 2004. To increase financial stability, the creation of programs and infrastructure is needed to promote resiliency and increase access to credit. Removing barriers to employment is needed. Address the housing crisis by building more housing at all price points, in may

		configurations, in all neighborhoods, and for all needs. The ALICE report was integrated into the 2018 Gaps & Needs report.
Committee Update – Wellness	Monica Forbes	Monica reported that the Wellness committee last met on September 12, 2018 at the new PEER Wellness Center location. The committee is focusing on recruiting new members. The current efforts of the committee is recovery support, access to care in rural areas, and re-entry support. The committee reviewed activities from the September 3, 2018 Recovery Rally event. Hundreds of people in recovery attended though there was little participation from providers. This was most likely a result of the event being held on Labor Day. The Wellness committee is looking for other Recovery Month activities to support. Meridian Anti-Drug Coalition (MADC) is holding their Recovery Day Breakfast on September 18, 2018. NAMI 5K Walk and Resource Fair is on September 29, 2018.
Gaps & Needs Report Submission Update	Amy Korb, Vice-Chair	Amy informed the Board that the 2018 Gaps & Needs report has been completed and submitted to the State Planning Council. Information for the report was obtained from the United Way ALICE report, the WICHE report, information from the Office of Drug Policy, and from the Board sub-committees. The Gaps & Needs committee would like to start earlier next year. Amy commented that it was challenging to keep specific to Region 4 as there is a great deal of overlap with Region 3. The report allowed accomplishments to be included this year.
Nov. 8 Social Hour	Kim Keys, Co-Chair	The next Board Social Hour will be held on November 8, 2018, likely at the Edge Brewery. The Board meeting that day will need to be moved to 2:00 P.M. to 4:00 P.M. and the social will be held immediately afterwards. Autumn moved and Chris seconded to move the November 8, 2018 meeting to 2:00 P.M. – 4:00 P.M. All in favor. Motion passed.
Announcements: Agenda Items; Wrap-up	All	<p>Announcements:</p> <ul style="list-style-type: none"> • Sept. 15 – Run for Heroes 5K • Sept. 17-21 – Nampa Family Support Partner Training • Sept. 18 – Recovery Day Breakfast • Sept. 29 – NAMI Walk & Resource Fair • Oct. 27 – RX Drug Take Back Day • Nov. 5-6 – Motivational Interviewing (Clinical) • Nov. 7 – Advanced Motivational Training <p>Amy moved to adjourn the meeting and Mary seconded. All in favor.</p> <p>Meeting adjourned at 12:38 P.M.</p>

Next scheduled Board Meeting: October 11, 2018 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive