



Region 4 Behavioral Health Board Meeting

February 13th, 2020

Central District Health

11:00am – 1:00pm

To join from a computer: <https://global.gotomeeting.com/join/457997021>

Call in number: 1-646-749-3122

Access Code: 457-997-021

Presiding Officer: Ellen Afflick, Chair

Board Attendees: Jen Burlage, Treasurer; Kim Keys; Chris Christopher, Member-at-Large; Deborah Dawn Colwell; Mary Pirnie; Laura Kiehl; Wayne Sharp

Board Attendees by Phone: Suzanne McKinney; Sanda Kuzeta-Cerimagic, Vice-Chair; Elisha Figueroa; Monica Forbes; Heather Burch

Members of the Public: Carly Doud, CDH; Crystal Ikebe; Randy McLeland; Jan Jacobs; Ladessa Foster; Courtney Boyce; Venecia Andersen; Mallory Kotze

Members of the Public by Phone: Ali Shields; Janelle Nostrandt; Laurie Sarrenn

Agenda Item	Presenter	Notes
Welcome and Call to Order; Consent Agenda; <ul style="list-style-type: none"> Quorum: 15 attendees Introductions and Review of Mission and Vision;	Ellen Afflick, Chair	Meeting called to order at 11:03am. The mission was reviewed and introductions were made. Quorum was not met and therefore the consent agenda could not be approved.
Welcome New Board Member, Deborah Colwell	Ellen Afflick, Chair	Ellen introduced Deborah Colwell, the newest board member who is representing the SUD Advocate seat. Deborah stated that she recently moved to Boise and works at the Mountain Home Air Force Base as a counselor. She is excited to be a part of the board, and we are excited to have Elmore County represented.

<p>Meet & Greet Debrief</p> <ul style="list-style-type: none"> • Thoughts • Ideas for next year 	<p>Ellen Afflick, Chair; All</p>	<p>The board discussed their thoughts regarding the 2020 Meet & Greet. Carly stated that there were two legislators in attendance, which is less than we hoped for so we will re-strategize for next year. Carly spoke with Christina after the event who was able to talk to Representative Sue Chew about some ideas to engage more legislators for next year. She stated that there is a building behind the capitol that she has attended events at. Representative Chew stated that this is a convenient location for legislators as it is so close to the capitol. She also suggested having an award at the event as an incentive for more people to attend. Carly also debriefed with her manager Laura who also had some great ideas. Laura suggested to look into videotaping the panel next year and to end the event with an “ask” for the attendees.</p> <p>Monica stated that it would have been great if we could have focused the discussion more around HB 340. Everyone agreed, but also stated that we found out about that bill right before the event so it didn’t give us a lot of time to prepare. Laura suggested that we refocus our target audience. She stated that it is great to form relationships with legislators but there are other local leaders that we can work with to influence policy decisions such as the county or local hospitals.</p> <p>Carly stated that as we go into our strategic planning efforts these are things we can keep in mind. If the board decides to move forward with another Meet & Greet then we can refocus our efforts, but the board may decide to focus on something different after our strategic plan is finished.</p>
<p>DBH Update</p>	<p>Jen Burlage, Treasurer</p>	<p>Jen reviewed the DBH Central Office Monthly update.</p>
<p>Wellness & Recovery Update</p>	<p>Monica Forbes, Secretary</p>	<p>The Wellness & Recovery subcommittee met last month. Right now their goal is recruitment and help for the committee in region four. Their next meeting will be on February 20th at 2:00pm. The Recovery Rally is about six months away so their next meeting will focus on planning. Deborah stated that she is interested in participating in the subcommittee and will attend the meeting next month.</p>
<p>Annual Forms</p>	<p>Carly Doud, CDH</p>	<p>Carly asked everyone to sign the Code of Conduct, Conflict of Interest Policy, and R4BHB Disclosure that is in his or her yellow folders. Members can either sign the forms and leave them today or bring them back with them next month.</p>

IIBHN Conference	Carly Doud, CDH	<p>The third annual Idaho Integrated Behavioral Health Network (IIBHN) Conference is scheduled for April 1-4, 2020. Last year the board sponsored the event with a vendor table, and we have the option to sponsor the event again this year. Carly reviewed the different tiers of sponsorship and let the board know that the Region 3 BHB will be sponsoring the event at \$2,000. A sponsorship of \$1,000 includes recognition as a sponsor for one networking session, acknowledgement on the C-WHO website, an optional vendor table, and one complimentary conference registration. A \$1,500 sponsorship includes everything listed previously in addition to acknowledgement on all promotional material, exhibit space in a prominent location, and two complimentary registrations. Unfortunately, the board was not able to vote on a sponsorship as we did not meet quorum, but all of the board members in attendance agreed that the \$1,500 sponsorship would make the most sense, especially as we have the funding. The Executive Committee is allowed to vote and make decisions so Carly will follow up with them about the conference sponsorship.</p>
<p>Strategic Planning</p> <ul style="list-style-type: none"> • Begin brainstorming ideas • Schedule planning session in March 	Carly Doud, CDH	<p>Carly was originally going to ask the board to extend the March meeting by one hour to focus on strategic planning, but as we didn't make quorum we will have to keep the meeting as is.</p> <p>Carly passed around sticky notes and asked everyone to write down ideas for the strategic plan and where they would like to see the board go over the next few years. She stated that she will bring these ideas to guide the conversation in March. Carly asked everyone to come prepared for a strategic planning discussion next month.</p>
Announcements: Agenda Items; Wrap-up	All	<p>Carly reminded everyone that next month's meeting has been moved to 2:00 – 4:00pm with a Social Hour to follow. The Social Hour location is TBD.</p> <p>Meeting adjourned at 12:30pm</p>

Next scheduled board meeting: March 12th, 2020



Region 4 Behavioral Health Board

Mission: *We improve behavioral health by developing solutions with our communities.*

Vision: *An integrated health system accessible to everyone*

Values: *Respect – We value all perspectives.*

Progressive – We move forward.

Integrity – We do the right thing.

Innovative - We are open to new ideas.

Transparent – We clearly show what we do and why we do it.

Strategic Planning Goals

Improve continuity of care through education and awareness.

Educate and inform policymakers on statutes that inhibit care.