



## Region IV Behavioral Health Board Meeting

October 11, 2018

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00 AM – 1:00 PM

Call in number: 1-866-210-1669

Participant number: 4641842

**Presiding Officer:** Kim Keys, Chair

**Board Attendees:** Amy Korb, Vice Chair; Ryan Jensen; Monica Forbes; Laura Kiehl; Autumn Brechwald; Brandi Hisson; Jen Burlage, Treasurer; Rebecca Travis, Secretary; Wayne Sharp,

**Board Attendees by Phone:** Kyle Davis; Jake Wilson; Elisha Figueroa;

**Designee:** Larry Maneely

**Members of the Public:** Ruth York; Gina Westcott; Michele Dooley; Chuck Christiansen; Matt Johansen; Bernie Wolinski; Alexis Pickering;

Agenda Item	Presenter	Notes
Welcome and Call to Order;  Introductions and Review of Mission and Vision;  Consent Agenda;  State Call Update	Kim Keys, Chair	Meeting was called to order at 11:06am. Introductions were made and quorum was met.  Wayne moved and Jen seconded, all in favor to approve the consent agenda which included the following: <ul style="list-style-type: none"> <li>October 4, 2018 Executive Committee Minutes</li> <li>September 13, 2018 Minutes</li> <li>October 11, 2018 Agenda</li> </ul> Kim gave a brief update on the BHB State Call. Some regions are struggling with board positions and recruiting. The contract is moving forward for the Crisis Center in Region 2. Region 6 is working on a Meet and Greet in November 2018.
DBH Update	Jen Burlage, Treasurer	Jen reviewed the DBH Central Office Monthly update.  Kim asked Autumn if staff know of YES and the services/resources they provide. Autumn said that awareness is increasing. In January, the awareness was minimal in the school district and a typical school counselor understanding of YES is pretty limited. Autumn estimated that 4-5 are accessing services out of 400 high-need children. Autumn previously spoke with DBH and they are trying to increase awareness. Autumn wants to do more research to assure that there is a gap in knowledge about the resources.  Jen can connect board members to Mary Ball who is trying to get presentations to stakeholders. The YES team is getting a lot of referrals and is having a hard time keeping up.

		<p>Amy mentioned ICANS due to prior confusion about CANS in provider community and noted if the CANS (Child and Adolescent Needs and Strengths Assessment) was to be completed online or if providers were able to bill to complete one on paper. Optum Idaho clarified Providers have to use the ICANS system online for best practice access for all involved in client care. The amount of new services, progress with private providers, etc. starting to pick up steam with many kids enrolled.</p>
St. Luke's Behavioral Health Update	Dr. Kyle Davis, St. Luke's	<p>Dr. Davis has been at St. Luke's for four years doing clinical and administrative work and provided a broad overview on what is happening in the hospital system. He is geared towards assessment and intervention. He said St. Luke's is doing many things in primary care and adding behavioral health. Clinics are regularly screening for depression, with the PHQ9 in adult screening, while also doing the suicidal risk screening and the Columbian risk screening tool. All patients are screened at least once a year. Pediatric patients are screened every time they are seen. They are looking to add more behavioral health providers at primary care clinics. At the collaborative care clinic there are nine total BH providers.</p> <p>Other clinics are trying to increase the number of BH providers and internal resources. A priority is adding psychiatrists and social workers in the hospitals and consult patients within the hospital system.</p> <p>Kim asked if St. Luke's has been working with insurance providers to cover costs of Behavioral Health (BH) services (collaborative care model, primary care clinics; which historically hasn't been covered) and is St. Luke's working with insurance to change reimbursement. Kyle said they bill for those services and insurance reimbursement is increasing and updating codes. Jake said that BH is wrapped into the general visit.</p> <p>Alexis asked what resources are being added to better support postpartum depression. Kyle said the women's clinic is asking for providers, but haven't been able to fill those positions. Currently, clients are being referred to outpatient services.</p>
Partnership for Success Grant	Alexis Pickering, CDHD	<p>Alexis provided a brief update on the Office of Drug Policy (ODP) Partnership for Success Grant. The grant was awarded for youth substance use prevention. CDHD has not received the contract so they do not know how much they will be awarded but it will include funding of at least \$100,000/per year for five years. ODP will be contracting with CDHD and R4BHB. As part of the grant, a project coordinator will work with high-need areas in Region 4 to prevent youth from abusing alcohol and marijuana. It is requested that a board member is part of the interview team. Elisha will also be included in this process as she is the Prevention Specialist on the Board.</p> <p>In Spring 2019, there will be site-visit with ODP, CDHD, and interested BHB members (Kim, Elisha, etc.).</p> <p>Amy and Elisha volunteered to be on the interview panel. Amy also commented that this new hire would ideally be on the Youth committee. More information to come.</p>
Marketing Committee Update	Kim Keys, Chair	<p>The Board's Meet and Greet is on the legislative calendar and is scheduled for January 29, 2019, from 4-6pm. Everything was booked for dinners so we had to do a reception. Diana is going to email Teri and ask where they are having dinner that night. After looking at our last event, the Marketing</p>

<ul style="list-style-type: none"> <li>• Meet &amp; Greet Follow-Up</li> <li>• Call for volunteers</li> </ul>		<p>Committee is changing the date/time and the location to better accommodate policymakers. The Linen Building was too far away, so recommendations were to move the location closer to the Capitol. The Opera Idaho Building is available for \$175 for the night. The committee welcomes venue ideas and needs to finalize it as soon as possible. Please reach out to Kim, Diana Wasser, Brandi Hissong, or Wayne Sharp if you have suggestions.</p> <p>Volunteers are also needed to finalize catering quotes. Brandi volunteered to do those calls. Invites will need to go out soon, but a keynote speaker needs to be finalized first.</p> <p>Alexis will send a Save-the-Date for the Board and Committees, via calendar appointment.</p> <p>Link on Google drive will have list of who needs to be invited. Alexis will send the link.</p>
<p><b>Action Item</b></p> <ul style="list-style-type: none"> <li>• Recovery Committee Fund Request</li> </ul>	<p>Monica Forbes</p>	<p>The Recovery and Wellness Committee is asking for a \$500 fund request to reimburse for the Recovery Rally Bar-B-Que. PEER Wellness is the one who hosted the rally. There is a \$1,600 carryover from FY18 intended for each committee.</p> <p>A motion to allocate the \$1,500 in carryover funds to each of the three committees (\$500 each); Recovery and Wellness, Marketing, and Youth was made by Wayne. It was seconded by Autumn. All were in favor.</p> <p>A motion to approve the fund request from the Recovery and Wellness committee was made by Jen. It was seconded by Amy. Monica abstained, remaining board members were all in favor. Alexis will work with Monica to get the funds.</p> <p>The EC is allowed to make financial decisions in case there is a pinch, otherwise the Board will make these decisions. Wayne reiterated that the EC should be able to make those decisions.</p>
<p>Committee Update – Youth</p>	<p>Amy Korb, Vice-Chair</p>	<p>Amy, Co-chair of the Youth Committee, reports that there is a lot of discussion about the direction they are going and linking it to the Gaps and Needs report, and connecting with the overall Board purpose. Currently, meetings have an educational approach by inviting people to network, share resources, etc. There have been presentations on partial hospitalization services, CMH, accommodation registry, OPTUM updates, IOP services, and some portions of the meeting providing education to committee members. They are also creating deliverables to the Gaps and Needs report. An intern was secured then that didn't work out, but now have a replacement named Kyle. Kyle will be researching grants that are related to the deliverables from the Gaps and Needs report. He is also working on a grant package that can be transitioned to Central District Health Department. Mary Ball is involved in some of the work as well.</p>
<p>Idaho Criminal Justice Commission Behavioral Health Sub-committee</p>	<p>Gina Westcott, IDHW</p>	<p>The Idaho Criminal Justice Commission Behavioral Health sub-committee is meeting on October 18 from 1-4pm and Gina wanted to share the purpose of the meeting with Board members and to invite some to the meeting. Paul Wild is the Chair and was appointed by the Governor. Subcommittee participants include the Associations of Sheriffs, IDOC, legislators, IDHW, ODP, and others. They are</p>

		<p>looking at issues related to the criminal justice system and behavioral health (adult and youth). The committee wants to hear from the Behavioral Health Board and talk about concerns, needs, and issues related to SUD. They are also looking at issues that impact the state and the local jurisdictions. The committee has legislative influence and their recommendations will be shared with the Governor.</p> <p>They are looking to accommodate as many people as possible with a conference call line available. Invites will be sent and RSVP's are needed in order to attend. Kim and Jen will be there. Gina mentioned that criminal justice issues aren't necessarily unique to the R4BHB since one district/region may not have unique challenges compared to others.</p> <p>Alexis will send the Gaps and Needs report to Gina Westcott. Amy mentioned getting a follow-up about the meeting from attendees. Meeting attendees will follow up after the meeting and keep the Board informed.</p>
<p>Social Hour Nov. 8, 2018 at Edge Brewing in Boise 4:30-7:00 PM</p> <ul style="list-style-type: none"> <li>Board meeting 2:00-4:00 PM</li> </ul>	<p>Kim Keys, Chair</p>	<p>Kim reminded the Board about the social hour and the change in Board meeting time. This is a chance for Board members to get to know each other better.</p> <p>Jen will confirm that the November meeting will be at IDHW, Westgate and Alexis will send a calendar invite.</p>
<p>Announcements; Agenda Items; Wrap-up</p>	<p>All</p>	<p>Brandi is transitioning into her new role at FMRI and is on the State Planning Council. She will provide an update in November.</p> <p>We still need applications for two Board positions (SUD parent and family member).</p> <p>There is a community partnership training, Kim will send it out to the Board.</p> <p>Amy moved and Autumn seconded to adjourn the meeting. All were in favor. Meeting adjourned at 12:19pm.</p>

Next scheduled Board Meeting: **November 8, 2018 at 2:00 PM – 4:00 PM** Room 131 Region 4 Offices, 1720 Westgate Drive



## Region 4 Behavioral Health Board

**Mission:** *We improve behavioral health by developing solutions with our communities.*

**Vision:** *An integrated health system accessible to everyone*

**Values:** *Respect – We value all perspectives.*

*Progressive – We move forward.*

*Integrity – We do the right thing.*

*Innovative - We are open to new ideas.*

*Transparent – We clearly show what we do and why we do it.*

### Strategic Planning Goals

**Improve** continuity of care through education and awareness.

**Educate** and inform policymakers on statutes that inhibit care.