

Recovery Wellness Oriented Committee Meeting 7/9/15

Present: Melanie Curtis, Brandi Hissong, Vanessa Johnson, Michelle McTiernan-Gleason, Ken Williams, and Laura Thomas (region 4 staff)

Absent: Trini DeMarco, Ginny Gobel, Shawna Ross, Terrance Sharrer

Group introductions were made

Brandi – native of Mtn Home, finishing her Master’s degree in 6 weeks, R4 BH Board member and will be working at Desert Sage starting in September.

Melanie – executive director of SHIP and president of Recovery Idaho, INC

Michelle– works with veterans in holistic approach to recovery (Connect the Pieces to Stop Prescription Drug Abuse) and is the Idaho state captain for Fed Up – movement to address epidemic of addiction

Ken – works at region 4 in BH, PEER Wellness Center activity development coordinator, specializes in integrated wellness approach (not labels that separate by MH or SUDS) with focus on empowering individuals to create their own wellness, including soul and spiritual aspects

Vanessa – director of community services for Access Behavioral Health, vice president of PEER Wellness Center board of directors, working on evidence based Peer Warmline program expansion, also pursuing MSW.

Meeting Schedule –

The group confirmed decision to meet from 10 to 11 on the second Thursday of the month prior to the Region 4 BH Board meeting in room 131 (when utilizing VCE equipment when possible for Brandi) or other location in Region 4 campus area as needed. Brandi noted that her schedule may change when internship ends in August. She will keep group advised on times that work (August will not due to internship requirements).

Chair of group – Ken Williams

Vice Chair - Michelle McTiernan-Gleason

Laura reviewed board committee expectations – to coordinate with other board committees for communication plan between committees, quarterly reports to board (which can be in writing, do not have to be formal board presentations), and opportunity to make presentations to board when there is an action requested from the board.

Laura directed the committee to the Youth BH committee information on the region 4 web page – they have established three goals for the year. Also let group know that Rosie Andueza requests time at the next meeting to discuss the ICADD scholarship funding from the Millennium Fund.