



Region IV Behavioral Health Board Meeting

April 12, 2018

Room 131, 1720 Westgate Drive, Boise, ID 83704

11:00 AM – 1:00 PM

Presiding Officers: Kim Keys, Co-Chair; Christina Smith, Co-Chair;

Board Attendees: Jen Burlage, Treasurer; Brandi Hissong, Vice Chair; Austin Reed; Sanda Kuzeta-Cerimagic; Rick Visser; Monica Forbes; Elizabeth Francis

Board Attendees by Phone: Ken Widick; Kyle Davis, Wayne Sharp; Fred Kesler; Autumm Brechwald; Russell Salyards; Steve Graci; Winslow Gerrish

Members of the Public: Amy Korb; Bevin Modrak; Wade Buss; Amy Jeppesen; Chuck Christianson; Ken Wells; Stephanie Rowell; Rebecca Travis; Erik Larson; Bernie Wolinski; Nicole Fitzgerald

Member of the Public by Phone: Alexis Pickering; Lori Farens

Absent: Chris Christopher; Carlos DeLeon; Amanda Leader; Jake Wilson

Agenda Item	Presenter	Notes
Welcome and Call to Order; Introductions and Review of Mission and Vision; Consent Agenda	Kim Keys, Co-Chair	Meeting called to order at 11:04 A.M. Quorum was met. Kim reviewed the R4BHB mission, vision and values. Introductions were made. Elizabeth Francis announced that she will be resigning from the R4BHB after today's meeting. Austin Reed moved and Jen Burlage seconded to approve the consent agenda. All were in favor.
Executive Committee Report	Kim Keys, Co-Chair	Kim reviewed the Executive Committee minutes. Commissioner designees will no longer be allowed under House Bill 337. Jake Wilson and Amanda Leader will no longer continue their positions as commissioner designees after June 30, 2018. Larry Maneely will no longer be a designee for Commissioner Rick Visser after June 30, 2018.
DBH Awards	Jen Burlage, DBH	Postponed until May 10, 2018.
DBH Update <ul style="list-style-type: none"> • HB 337 	Jen Burlage, DBH	Jen reviewed the DBH Central Office Monthly Update. House Bill 337 created a 23 rd position to each regional Board for a Prevention Specialist starting July 1, 2018. Members were encouraged to assist in recruiting efforts.

<p>ODP Prevention Specialist Grant</p>	<p>Nicole Fitzgerald, ODP</p>	<p>The Office of Drug Policy (ODP) is in the second phase of the Strategic Prevention Framework Grant (SPF) and has been administering the SPF for the last five years. ODP is now looking to partner with regional behavioral health boards to be grantees along with their respective health districts being the facilitators and fiduciaries of the grant. At least \$100,000 per year will be available in each region for five years. Prescription drugs (opioids) will be the largest target with drug use, alcohol, and vaping to be included. The first year of the program will be for planning purposes. BHBs will be responsible to create their own program. During the second year under the grant, each region would hire a Prevention Specialist through their respective health districts to complete the grant deliverables and to report to their BHB. The Prevention Specialist would be a full time position for four years with an expected salary range of \$20-\$25 per hour. Indirect costs will be written into contracts with the health districts. ODP will provide research and data along with strategies for the BHBs to determine the direction of the program on a local level. All regional boards will have to agree to the program. After the five years, other funding avenues will be approached.</p> <p>Christina moved to support the ODP Prevention Specialist Grant and Monica seconded. All in favor.</p>
<p>Marketing Committee Update</p>	<p>Christina Smith, Co-Chair</p>	<p>ICADD conference May 22-23, 2018. A sponsor table was granted by ICADD for all regional BHB's to share. Carlos had reached out to all regional Boards inviting them to share the sponsor table. Region 3 responded and will collaborate at the event. Two hour shifts will be shared with Region 3. The sign up for shifts will go out soon.</p> <p>There are concerns that a statewide Meet and Greet event may be too large and that keeping it as a regional event may be more realistic. The survey that was sent to all attendees and provided constructive and overwhelmingly positive feedback. However, there were a few comments about the low attendance of lawmakers. Also, Terri Carrigan will be retiring and will also step down from the committee. New committee members are needed. Chuck Christiansen from the R4BHB suggested to collaborate with all regions and hold a Meet and Greet in the summer when lawmakers aren't in session. Kim supported the idea to collaborate with Region 3 before going statewide. Region 4 will collaborate with Region 3 for the next Meet and Greet event.</p>
<p>Expiring Board Terms</p> <ul style="list-style-type: none"> • Executive Committee Officer Elections 	<p>Christina Smith/Kim Keys, Co-Chairs</p>	<p>The following Board positions are expiring June 30, 2018:</p> <ul style="list-style-type: none"> • Ada County Commissioner – Rick Visser • Adult Mental Health Family Member – Vacant • Mental Health Advocate – Kim Keys • Dept. of Health and Welfare – Jen Burlage • Licensed Health Professional – Winslow Gerrish • SUDS Provider – Ken Widick • Law Enforcement – Carlos DeLeon <p>In addition to these positions, recruiting efforts will be placed on fulfilling the county commissioner seats and the prevention specialist as mandated by House Bill 337. The Juvenile</p>

		<p>Justice position will also be opened for applicants with the resignation of Elizabeth Francis. Applications will be accepted through April 30, 2018.</p> <p>The Executive Committee term elections will be held at the May 10, 2018 regular Board meeting.</p>
Committee Report – Youth Committee	Amy Jeppesen	<p>Amy shared that the Blue Cross of Idaho Foundation grant has provided trainings for Youth Mental First Aid in Garden Valley, Cascade, Mc Call, Idaho City with the assistance from the Speedy Foundation. The Youth Committee applied for a grant through St Luke’s CHIF program, but it was not awarded. The committee continues to look at other grants and programs. Their focus is currently on the juvenile population as there are not a lot of safe and sober supports in the region for this age group. Most of the safe and sober support is directed towards adults.</p> <p>Kim and Christina will be attending the April 19th Youth Committee meeting to ensure that the goals of the committee are aligned with the Board’s objectives. Amy stated that they are considering a Swedish program to promote safe and sober activities.</p> <p>Part of the Statewide Healthcare Innovation Plan (SHIP) grant provided seed money to fund ECHO, a program promoting telehealth in rural communities due to provider shortages. Lectures led by Addictionologists are held every other Thursday at the University of Idaho to discuss the prescribing practices and usage of opioids of a case by case basis.</p>
Announcements: Agenda Items; Wrap-up	All	<p>Bevin Modrak shared that the Mental Health Month proclamation at the Idaho State Capitol will be held on May 4th which is also Star Wars Day. Optum is showing their support for safe and sober activities by providing green glow lights and bracelets to the community. Optum is asking for people to take a picture of yourself doing something safe and sober and sharing it at #safeandsober.</p> <p>Steve Graci mentioned that Children’s Mental Health Week is May 7-11, 2018. Entries for the poster contest are due April 23rd. A screening of the film <i>Screenagers</i> is scheduled for May 9th at 6:00 P.M. at the Boise Main library. The film will also be shown in Mountain Home on May 7th.</p> <p>Monica shared that the CRAFT training starting on April 30th still has seats available. The fourth annual Recovery Rally is in September. The Recovery Rally committee will host a recovery ride that will stop at recovery centers throughout the state and end at the Idaho State Capitol on September 1st. Each recovery center will be hosting bar-b-ques and various activities.</p> <p>The Recovery and Wellness committee will be meeting on April 25th at the Peer Wellness Center at 1:00 P.M. Discussion will focus on gaps and needs, re-entry services, and extending services to rural areas.</p>

		Kim moved and Christina seconded to adjourn. All were in favor. Meeting adjourned at 12:34 P.M.
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Next scheduled Board Meeting: May 10, 2018 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive