

ATHLETIC PRE-PARTICIPATION PHYSICAL EXAMS

COST IS JUST \$20.00 FOR A COMPREHENSIVE PHYSICAL EXAM
(CHECKS MADE PAYABLE TO YOUR SCHOOL)

High school and middle school 9th grade students participating in their school's athletic programs may receive a physical exam at this time. It is an IHSAA requirement that athletic physical exams take place during an athlete's freshmen and junior year of participation. This applies to all students who will be **freshmen** and **juniors** during the 2014-2015 school year and will be participating in any high school sport.

DAY/DATE: Thursday, June 5, 2014

LOCATION: Boise State University,
Caven-Williams Indoor
Practice Facility

TIME: All **BOYS** morning only.

Meridian School's Boys 8am-10:30am

Boise School's Boys 10:30am-12:00pm

Centennial Boys—8am

Capital Boys—10:30am

Rocky Mtn Boys—8:30am

Borah Boys—10:50am

Mtn View Boys—9:00am

Boise Boys—11:10am

Meridian Boys—9:30am

Timberline Boys—11:30am

Eagle Boys—10:00am

All **GIRLS** afternoon only.

Meridian School's Girls 1:00-2:00pm

Boise School's Girls 2:00pm-3:30pm

Centennial Girls—1:00pm

Capital Girls—2:00pm

Rocky Mtn Girls—1:10pm

Borah Girls—2:10pm

Mtn View Girls—1:20pm

Boise Girls—2:20pm

Meridian Girls—1:30pm

Timberline Girls—2:30pm

Eagle Girls—1:40pm

HISTORY: The history portion of the physical form must be completed and signed by a **parent or guardian** prior to admission to the examination session.

NOTE: Additional forms (eg. **scout forms/church forms**) will not be signed by the doctors.

IMMUNIZATION: Please answer immunization questions on the history portion of the form.

In addition, Central District Health will be in attendance for any athletes that require immunization updates. **ATHLETES** must bring immunization records and parent signatures to update these records.

WHAT TO WEAR: Must wear shorts and T-shirts.

PARENTS: To help minimize station congestion, if you can wait for your student/athlete at the end of the rotation, it would be very helpful.

PARKING: The main Pavilion Parking lot will be free for all participants and parents.

Proceeds are donated to the athletic training departments at the high schools for purchases of educational and rehabilitation equipment.