



**Region IV Behavioral Health Board Meeting**  
**July 12, 2018**  
**Room 131, 1720 Westgate Drive, Boise, ID 83704**  
**11:00 AM – 1:00 PM**

**Presiding Officers:** Christina Smith, Co-Chair

**Board Attendees:** Jen Burlage, Treasurer; Amy Korb; Rebecca Travis; Elisha Figueroa; Laura Kiehl; Wayne Sharp; Ryan Jensen; Monica Forbes; Don Hayes

**Board Attendees by Phone:** Mary Pirnie; Kyle Davis; Jake Wilson; Brandi Hissong;

**Designee:** Larry Maneely for Rick Visser

**Members of the Public:** Bevin Modrac; Ceci Thunes; Vanessa Johnson; S. Rowell; Emily Allen; Anna Guida; Tara Fouts

**Members of the Public by Phone:** Lori Farens;

**Absent:** Autumm Brechwald; Chris Christopher; Fred Kesler; Kim Keys, Co-Chair; Russell Salyards

Agenda Item	Presenter	Notes
Welcome and Call to Order; Introductions and Review of Mission and Vision; Consent Agenda;	Christina Smith, Co-Chair	Meeting called to order at: 11:02 A.M.  Introductions were made. Christina reviewed the Board’s Mission and Vision statement.  Quorum was met.  Wayne moved and Jen seconded to approve the consent agenda which included the following: <ul style="list-style-type: none"> <li>• April 5, 2018 Executive Committee Minutes</li> <li>• April 12, 2018 Minutes</li> <li>• May 3, 2018 Executive Committee Minutes</li> <li>• May 10, 2018 Minutes</li> <li>• June 14, 2018 Minutes</li> <li>• July 5, 2018 Executive Committee Minutes</li> <li>• July 12, 2018 Agenda</li> </ul>
Welcome New Board Members	Christina Smith, Co-Chair	Christina introduced new Board members: <ul style="list-style-type: none"> <li>• Elisha Figueroa, Prevention Specialist</li> <li>• Amy Korb, SUD Service Provider</li> <li>• Rebecca Travis, Juvenile Justice</li> <li>• Ryan Jensen, Law Enforcement</li> <li>• Laura Kiehl, Judiciary</li> <li>• Mary Pirnie, Mental Health Family</li> <li>• Donald Hayes, SUD Parent</li> </ul> New members shared their background and why wanted to join the Board. . Jake Wilson moved to the MH Advocate seat and Kim Keys moved to the Licensed Health Professional seat.

DBH Update	Jen Burlage, DBH	Jen reviewed the DBH Central Office Monthly update.
Budget Update	Jen Burlage, DBH	The Board expenses for FY2018 were under budget, mostly due to a reduction in personnel costs. Actual expenses left a \$1600 carryover. CDHD Finance Department is requiring the Board to obligate the FY18 carryover funds. The EC decided to allocate \$1500 of the FY18 carryover funds to three of the sub committees. The Youth, Marketing, and Recovery & Wellness committees will receive \$500 each. The carryover balance of \$7400 from previous years is still available.
<b>Action Item</b> <ul style="list-style-type: none"> <li>• EC Nominations</li> </ul>	Christina Smith, Co-Chair	<p>Christina shared that there are two changes to the Idaho Open Meeting Law which requires the Regional Boards to post minutes and agendas on their websites if they have website presence. The second change is requiring that agenda items that require a vote must now be identified as an “Action Item”.</p> <p>Christina reviewed the nominations made at the June meeting for the FY2019 Executive Committee positions and called for additional nominations. No new nominations were made. Executive Committee positions for the 2018-2019 term were elected as follows:</p> <ul style="list-style-type: none"> <li>• <b>Co-Chairs:</b> Jen nominated Christina Smith and Kim Keys, Wayne seconded. All in favor.</li> <li>• <b>Vice Chair:</b> Amy Korb and Brandi Hissong were nominated at the June 2018 meeting. A vote was held and Amy received the majority with eight votes. Wayne moved and Jen seconded to elect Amy. All in favor.</li> <li>• <b>Secretary:</b> Amy nominated Rebecca Travis and Jen seconded. All in favor.</li> <li>• <b>Treasurer:</b> Amy nominated Jen Burlage and Laura seconded. All in favor</li> <li>• <b>Member-at-Large:</b> Jen nominated Chris Christopher and Laura seconded. All in favor.</li> </ul>
The Treasure Valley Tackles Opioids!	Tara Fouts, CDHD	<p>There is a lot going on in the State and in the Treasure Valley in addressing opioids. Tara was asked to give an update to the Board. Tara shared that clinic staff at the Central District Health Department have been trained on naloxone administration and have naloxone in case of an overdose.</p> <p>In June the Treasure Valley Partnership hosted an Opioids Summit to discuss the crisis at the local level with various representations from multidisciplinary stakeholders including law enforcement, local and county elected officials, IDHW, OPD, treatment facilities, healthcare professionals, etc. The Law Enforcement Assisted Diversion program (LEAD) came out of Summit. LEAD is a Pilot program with the Boise Police Department to redirect low level drug crimes to community based support programs. Also from the Summit were campaigns to destigmatize addiction with public. A follow up meeting is scheduled on July 23, 2018 to be held at the Boise Police Department West Hall to finalize six goals and to develop a strategic plan. Ryan Jensen will be in attendance and will report back to Board.</p>

		<p>As part of the 2017-2022 Opioid Strategic Plan, the Office of Drug Policy (ODP) has provided over 2000 doses of naloxone to providers. A prescription awareness campaign from the CDC will focus on addictions and dangers through billboards, social media radio and television spots. A campaign is being implemented in hospitals to focus on prescription practices and to begin including prescription monitoring systems in electronic health record programs.</p> <p>Project Echo provides education to patient, providers and the public in addition to providing consult support to medical professionals.</p> <p>Idaho is ranked 5<sup>th</sup> in the nation for pain reliever misuse in 2016.</p>
<p>2018 ALICE Report</p>	<p>Alexis Pickering, CDHD</p>	<p>Alexis shared data points covering our region from the United Way Asset Limited, Income Constrained, Employed (ALICE) Report. The ALICE Report studies the financial hardship of the working poor population from an employment and housing standpoint. Poverty is increasing in Ada County, though the ALICE population is steady at 20%, and housing is a huge burden. Overall, Ada County has 32% of its population either in poverty or are ALICE households. In Boise County, ALICE households and those in poverty, is 41%, yet poverty is showing a small decrease, but unemployment is high. Elmore County is currently at 41% for ALICE and households in poverty, though unemployment remains high and housing availability is lacking. Valley County is also at 41% for ALICE and households in poverty. The report showed an increase in poverty and is lacking in housing. Without housing, it is hard for people to manage their mental health. Even if people are in housing, the costs are well over 30%, overburdening them and affecting their ability to afford essential medication or treatment.</p> <p>Ada County is doing better than other counties in Region 4 though wages are not keeping up with the cost of living. Some recommendations from the report were Medicaid expansion and raising the minimum wage. Emily Allen said the Idaho Housing Working Group will determine what the recommendations are for the legislature.</p>
<p>Marketing Committee – <b>Call for New Members</b></p> <ul style="list-style-type: none"> <li>• CIRF Attendance on 8/15/18</li> </ul>	<p>Executive Committee</p>	<p>Christina explained that the Marketing Committee needs members. She strongly suggested that board members join the committee. Jen asked for members to either join or to look to their co-workers and friends for interest. The time commitment isn't too burdensome, and they meet once a month, typically on the Friday after the Board meeting. They are in charge in putting the Meet &amp; Greet together and organizing Board outreach events.</p> <p>The R4BHB will host a table at The Community Information and Resource Fair (CIRF) to be held on August 15, 2018. Two members are needed for each shift. Julie will be sending out the signup to members.</p> <p>The Board will not participate in the Recovery Rally this year due to date being over the Labor Day weekend. The Recovery and Wellness Committee will be involved in the rally.</p>

		Christina talked about the marketing events of the last year and the importance and success of the Meet & Greet event.
Committee Update – Youth Committee	Mechelle Wilson, DBH	<p>Mechelle shared that the Youth committee had a meeting with Kim, Christina and Jen to refocus their efforts to align with the Boards strategic plan. The committee also discussed how they struggled with obtaining a grant.</p> <p>The Youth committee has obtained an intern, Cody, from Northwest Nazarene University (NNU). For his macro requirement Cody is focusing on grant writing for the Youth committee and to meet his micro requirement Cody will analyze the effectiveness of the grants after implementation. Cody will spend half his time working in the DHW Children’s Mental Health office and the other half of his time working on Youth Committee projects. Cody is also meeting with parents and families to obtain gaps and needs information of the community.</p> <p>Amy Jeppesen stepped down as co-chair. Amy Korb now co-chairs the committee with Mechelle.</p> <p>The Youth committee is making concerted efforts to improve communications with the Board. Amy Korb will be the liaison.</p>
Gaps & Needs Workgroup	Amy Korb	<p>Amy informed the Board that Cody, the intern from NNU, will also support the efforts of the Gaps and Needs workgroup. Regional Boards have been tasked with submitting their Gaps and Needs analysis to the of Behavioral Health (DBH) for the last four years. Workgroups are established to gather information in order to understand the gaps and needs in each Region. The report is crucial to strategic planning and goals. Amy has recruited a couple of people to form the workgroup and is looking for input from the sub-committees. The report is due to DBH September 4<sup>th</sup>. Amy will email the template to each of the sub-committee chairs which will be due back to the workgroup on August 17<sup>th</sup>. Amy is requesting information from anyone who has statistics to share. Information can be emailed to Amy at <a href="mailto:amyk@recovery4lifeidaho.com">amyk@recovery4lifeidaho.com</a>.</p>
Announcements: Agenda Items; Wrap-up	All	<p>July 18<sup>th</sup> – R4BHB Recovery &amp; Wellness Meeting  August 2<sup>nd</sup> – SPAN Idaho Suicide Prevention Conference  August 7<sup>th</sup> – R4BHB Youth Committee Meeting</p> <p>Monica motioned and Jen seconded to adjourn. All in favor.</p> <p>Meeting adjourned at 12:44 P.M.</p>

Next scheduled Board Meeting: August 9, 2018 – 11:00 AM – 1:00 PM Room 131 Region 4 Offices, 1720 Westgate Drive