



Region IV Behavioral Health Board Meeting
March 9, 2017 2:00 PM – 4:00 PM
Room 131, 1720 Westgate Drive, Boise, ID 83704
Call in number: 1-866-210-1669
Participant number: 4641842

Presiding Officers: Kim Keys, Co-Chair

Board Attendees: Russell Salyards; Julie Swanke; Christina Smith; Ken Widick; Steve Graci; Amanda Leader; Jess Wojcik; Autumm Brechwald; Monica Forbes; Carlos DeLeon; Austin Reed; Winslow Gerrish

Board Attendees by Phone: Kris Hoffman; Fred Kesler

Members of the Public: Amy Korb; Jaime Aanensen; Kenny Gray; Aaron Darpli; Chuck Christiansen; Wendy Seagram; Mechelle Wilson; Katie Jepson; Crystal Lish; Gina Pannell; Chris Christopher

Members of the Public by Phone: Ladessa Foster; Ann Upchurch; Deanna Foster

Absent: Jen Burlage; Greg Dickerson; Elizabeth Francis; Brandi Hissong; Jim Meldrum; Rhea Morrison; Commissioner Rick Visser

Agenda Item	Presenter	Notes
Welcome and Call To Order; Introductions and Review of Mission and Vision; Consent Agenda; Approval of Minutes	Kim Keys, Co-Chair	Meeting called to order at 2:05 PM by Kim Keys. Board introductions were made. Quorum was met. Steve Graci moved and Dr. Winslow Gerrish seconded to approve the March Consent Agenda, all in favor. Christina Smith moved and Carlos De Leon seconded to approve the February meeting minutes; all in favor. Kim reviewed the Board's mission, vision, and values.
Executive Committee Report (attached for review);	Christina Smith	Christina reviewed the discussions held at the Executive Committee (EC) meeting: The EC reviewed the attendance for the February R4BHB meetings. Elt Hasbrouck will no longer attend Board meetings and has designated Julie Swanke to be the Valley County designee. The Network for Public Health Law reached out to Alexis Pickering and awarded her a \$500 scholarship to attend their Promoting Mental Health and Well-Being Strategy Meeting held in Minneapolis on April 18-20, 2017. The EC voted to approve up to \$500 to help cover Alexis's travel expenses and her time. Discussions will include solutions on both national and local levels. Alexis will bring back information to share with the board. The scholarship will pay for hotel and food. Board members were encouraged to email Alexis with topics that they would like her to inquire about.

		<p>Respite is now covered under Medicaid and will be eligible for a federal match.</p> <p>An update on the BCIF grant was given. Jaime Aanensen, CDHD staff member, provided an update on the prescription drug grants.</p> <p>Board terms were reviewed. Julie informed the Board that she has received a couple of renewal applications. Greg Dickerson sent a notification that he will not reapply to the Board. Julie will send a notification out again to expiring members and remind them that applications are due by March 31. If members are not planning to continue on the Board, they are encouraged to share the Board application to suggested replacements.</p> <p>The engagement survey results were shared with the EC. Suggestions and comments made by Board members will help determine how to proceed with future meetings.</p> <p>It was suggested to create a list of acronyms for Board members to refer to. An acronym form is included in Board member packets to be filled out with acronyms that they use for Board purposes.</p> <p>The EC has approved to sponsor the CITC group to develop a mission statement and do strategic planning allowing them to pursue grant opportunities and collaborate with other partners.</p>
<p>Division of Behavioral Health Update</p>	<p>Kim Keys, Co-Chair</p>	<p>Youth Empowerment Services (YES) formerly known as the Jeff D lawsuit, recent updates can be found at yes.idaho.gov . The ‘Calendar of Events’ page is current through June 2017. A new resource has been added to the website under “I Want More Information” titled “What is the CANS?” Julie will send out the link to members.</p> <p>21st Century Cures Act will provide \$500 million for states to fight the opioid epidemic of which Idaho is eligible for up to 2 million per year for 2 years. The name of the Idaho project is Idaho’s Response to the Opioid Crisis (IROC). It is anticipated that funding will be awarded by SAMHSA sometime in April or May 2017. Idaho’s application includes a four-pronged approach:</p> <ul style="list-style-type: none"> • Introduce publicly-funded Medication Assisted Treatment (MAT) to Idaho by adding Methadone and Suboxone to the array of treatment and recovery support services that are currently available through the BPA network. • Reduce access to opioids and prevent overdose deaths through training and improved tracking tools for medical professionals. • Enhance the recovery oriented system of care which will broaden the boundaries of the traditional treatment system and offer enhanced peer support for individuals struggling with Opioid Use Disorder (OUD). • Increase the use of Naloxone to reverse opiate overdoses.

		<p>The Peer Support Connections Conference was so successful last year that it will be held again this year. A statewide steering committee has been developed that will act in an advisory capacity to three local conference committees within the three hubs of the state. Each local committee is responsible for organizing a separate Peer Support Connections Conference. These conferences will be held in the Fall of 2017.</p> <p>Steve asked if sub-grants will be available through the 21st Century Cures Grant that will extend out for others programs. Jaime explained that the 21st Century Cures Grant will be received through IDHW. Strategic planning is part of the CDC grant. Jaime did not know if funding would be made available to community-based organizations. It was recommended that someone from IDHW present on the prescription drug abuse prevention grants at a future board meeting.</p> <p>Monica stated that the Idaho Recovery Center is putting in a proposal to SAMSHA looking to develop family support groups to ensure that support in all recovery centers is opioid friendly for smart recovery. If the grant is awarded, Idaho Recover Center can collaborate with Idaho Federation of Families. The high cost of Naloxone is being controlled by pharmaceutical companies. Current cost is \$160 per dose. Many pharmacies do not have Naloxone available. Kim asked if the board would find it helpful to have someone come in to talk about, which the Board agreed with.</p>
<p>Action Items:</p> <ul style="list-style-type: none"> • By-Laws Update • Gaps & Needs Report • Call for Community Marketing Team • Acronyms List • Renewal Grant Letter of Support Request 	<p>Kim Keys, Co-Chair</p>	<p>Kim moved to table the By-Laws update to next month and Russell Salyards seconded, all in favor.</p> <p>The Gaps and Needs report needs to be updated. Information in the previous report has not changed drastically and it needs minor updating. A Board member is needed to take lead to update the report by contacting committees and stakeholders for updates and additions. The major groundwork has been done. Steve stated that we send this to the State Planning Council and then they forward it to the state and asked if we receive anything back that shows how the report has made any impact. Amy Korb from Health and Welfare reassured the Board that she personally uses the information from the Gaps and Needs report in depth. The Board could send the report to other agencies to use which may improve outcomes and address the needs listed. Aaron Darpli stated that Optum refers the Gaps and Needs report for a number of uses, such as transportation concerns and looking at trends. The Gaps and Needs report is utilized by IDHW, DJC and a number of other entities. Steve expressed concerns with a number of issues with the report. Amy stated that the Board should have other stakeholders provide input. Amy and Aaron offered to assist with the update but cannot lead the efforts. Steve stated that he may chair the committee. Kim stated that the report is due September 15, 2017.</p>
<p>Engagement Results</p>	<p>Kim Keys, Co-Chair</p>	<p>Kim thanked the Board for participating in the engagement survey. Many great suggestions were made. A better conference call system is desired, which will be discussed in the next</p>

		<p>EC meeting. Some Board members felt that they were not able to talk freely in the meetings due to not understanding acronyms used during discussions and other issues. Board members were provided the acronyms list to complete and give to Julie. Julie will compile the information and provide a list to Board members. Marketing efforts in the community is a common interest. Some members expressed that they want to increase more project oriented and less advisory. Kenny Gray of R3BHB would like to see more collaboration between regions. The Recovery Day event which includes providers is as an example of where collaborative efforts can be successful. Kim suggested the possibility of creating a marketing and event committee. Members liked the idea of collaborating and partnering with Region 3. Aaron Darpli stated that he has been looking for opportunities to partner with other regions and this is perfect. Carlos stated that each member represents different areas of the community and identifies various issue, his being the effects of opioids and heroin. Kim would like to add developing marketing and strategic discussion to next month's agenda. Members interested in these groups can email Julie.</p>
Board Terms	Julie Nease, CDHD	<p>Julie reminded members of expiring terms. Applications are due by March 31. Julie will send out applications again.</p>
BH & Provider Co-Learning Event	Gina Pannell, CDHD	<p>Gina Pannell informed the Board of the upcoming Let's Talk event on April 4, 2017. This event will connect primary care and mental health providers in efforts to better serve patients. This will be a tiered approach. The first tier is getting people to the table to talk and improve communications between primary care and mental health providers. Dr. Ben Miller, PSYD, who is trained in primary care psychology will be the main speaker. For more information, email Marty Cappe at Health District 3 at marty.cappe@ph3.idaho.gov. Dinner is provided at this event.</p>
Optum Report	Aaron Darpli, Optum	<p>Aaron introduced Eric Westerlund, Deputy Director at Optum. Eric reviewed the Optum quarterly report with the Board. The Community Health Initiatives Grant was awarded to Optum to support the critical needs of children with SED by funding \$420,000 for provider engagement, training and support.</p> <p>Optum in collaboration with the Idaho Federation of Families, The Speedy Foundation and the Idaho Children's Trust Fund hosted four statewide In Touch Community Conversations with a special screening of Paper Tigers followed by a panel discussion with local experts. Another presentation is scheduled on May 13, 2017. Cultural conference training was provided to Optum staff.</p> <p>Optum now offers a \$20 mileage reimbursement to licensed therapists when they provide a therapy session in a member's home in efforts to increase clinicians providing more in-home services.</p> <p>Provider trainings are coming up and information can be found at OptumIdaho.com.</p>
Youth Behavioral Health Committee Report	Steve Graci	<p>The YBH committee meetings have been changed to the 1st Monday of each month and will now be held at IDHW Westgate, room 131.</p>

		<p>Implementation efforts continue on the BCIF grant. Christy Sofaly agreed to be manager of the grant project.</p> <p>Children Mental Health Awareness Week is the first week in May. Entries for the poster contest will be accepted through April 25, 2017. Entry forms were provided to the Board. The Papers Tigers screening, presented by the Speedy Foundation, Optum and the Federation of Families will be shown on May 13, 2017 at BSU. James Redford will present film. Last year over 900 people registered for the screening.</p> <p>YES Panel Discussion will be held on May 2, 2017 and will be aired on channel 64. Pat Martelle, YES Project Manager, and Howie Belodoff, Plaintiff Attorney for Jeff D lawsuit, will be presenting.</p> <p>The respite committee will no longer be meeting as this service will be covered under Medicaid. Ross Edmunds has released the Board from this responsibility.</p>
<p>Announcements: Next Meeting; Agenda Items; Wrap-up</p>	<p>All</p>	<p>Ken reminded the Board that the grant for the per diem program is due on March 20, 2017. At last month's meeting, the Board approved providing a letter of support. Ken stated that the letter of support that he requested for El-Ada is no longer needed. Ken was assured that this letter will be provided.</p> <p>Monica shared a flyer for the Sober Idaho event on Tuesday, March 14, 2017, in the Lincoln Auditorium at the Capitol building. State Representative Kingsley will be introducing a new bill to fund recovery community centers.</p> <p>A screening of the movie Beyond the Wall will be presented at the Sun Valley Film Festival on March 17, 2017. Monica will be speaking after the film. Producers are willing to host presentations around state.</p> <p>Kim announced that IDHW and the Senate committee have a primary care expansion proposal this afternoon. Review the Close the Gap website, http://closethegapidaho.org/, for information on what can you do to help encourage expansion of comprehensive health care coverage.</p> <p>Kim introduced Julie Swanke who shared information about herself and why she has joined the Board as the Valley County Designee.</p> <p>Meeting adjourned 3:55PM.</p>

Next scheduled Board Meeting: April 13, 2017 – 11 AM-1 PM, Room 131 Region 4 Offices, 1720 Westgate Drive